1: Lowie E-5 (1926) 1939 NT20 Washo NT20

hunting, killed a deer, squirrel, or what not, and, delivering the following speech (Bill), gave his wife to eat:

> This time we are going to eat. This woman for a long time has not eaten meat. I am going to feed her. You, Washo, here you will cook it. Anything I find I'll feed the woman. All of you, you will cook. Cook, you will bring it here, then we'll all eat.

The husband shared his wife's fast only for the first two or three days after the birth, being subsequently free to eat anything. The mother did not drink any cold water after the delivery lest "it should kill her quickly."

According to Dave, no man was allowed near the woman in confinement. The navel cord was cut with a wooden knife as sharp as a razor. After the delivery the mother drank a sugar-pine potion "to make the blood come out." The father had to stay away; after the child's birth he bathed in a creek lest the baby die. He also gave some man a buckskin, which helped keep disease away from the infant. The mother stayed at home for about ten days; her month's meat fast was "in order not to raise up the blood again." A woman who had given birth to four children no longer observed this taboo (Jack).

People liked twins and sometimes laughed at one of them, saying, "That man does more work than others" (because he is double).

Barrett[1] reports that cradles were decorated differently in accordance with the infant's sex. This agrees with Paviotso data, but was not confirmed by Bill for the Washo.

After four or five months, an infant was put into a bigger and stronger cradle (Dave).

NAMES

Children were not named until old enough to talk. A child's funny saying led to a corresponding name, retained in later life. Jack was thus called A'abi, which has no meaning. Boys and girls bore the same kind of name. This custom of name giving has been abandoned altogether.

EDUCATION

The Washo did not strike naughty children, but merely talked to them. A father would make a little bow and arrows for his son and teach him to shoot squirrels. Stories were told only at night, when a boy might ask an old man to tell him a story, the elder answering, "Lie down, I'll talk to you." At last the child would fall asleep.

ADOPTION

A barren woman sometimes adopted her cousin's child and kept it for good. If a woman died in childbirth, her mother took care of the infant. A man who took a fancy to a little boy sometimes desired to have him for a son and married the mother.

PUBERTY

The most important dance was the girls' puberty ceremony, t'ɛwɛ'we. It was the only one witnessed by Bill. He said it was still common in Carson Valley, but had been discontinued in Antelope Valley for lack of girls. T'ɛwɛ'we and

[1] *Op. cit.*, 21.

764
768

A fourth culture pattern in which ghosts play a part is the disposal of the dead. Two features of funerals are connected with the fear of ghosts. [537] First, all the property of the dead person is destroyed and his house is torn down and the parts scattered. Second, at the time the body is cremated or [178] buried an old man steps forward and makes a long speech in which he tells the ghost of the dead person to stay away and not bother the living. With modifi- [783] cations the Washo observe these customs today. Houses are no longer destroyed after a death for they are too valuable, but they are temporarily abandoned. Before the house is re-occupied it is smoked with sagebrush or juniper. Cremation is not practiced; the modern Washo bury their dead.

857
888
754

Some features of child-rearing patterns are related to supernatural power and the fear of ghosts. The fact that the aged may inadvertently be- witch people affects their relations with children. Mothers try to keep their babies out of the sight of old people who are unrelated. Pete says that to give [778] food to a child was especially dangerous. Small children lived in the house next to Hank Pete and his wife; these children were Pete's sister's daughter's son's children, but they were not related to Pete's wife. Pete's wife never gave them anything to eat. Even older relatives could be dangerous unintentionally. Pete said they would pray to water not to make their relatives of the third descending generation sick when they gave them something to eat. Bertha Holbrook's daughter who lived with her had several young children. We spent many afternoons in Holbrook's house, but never saw any unrelated children playing with the Holbrook children. Bertha remarked that the Washo don't like to have their children going to other houses to play. She said that if her grandchildren do go to other houses, she likes to go with them to make them behave. Although she never spoke of the fear of old people as a factor in children's visiting patterns, we think that this fear may be the reason children play chiefly with relatives.

861
775

Another feature of Washo child rearing is that parents seldom physically punish their children. Hank Pete explains that if a person beat his child a dead relative of the child, through the other parent, might become angry and kill the child. Then the child would become a ghost and kill his parent. Pete told a story of a family fight in which a man treated his son very roughly. The son took sick and a shaman diagnosed the trouble as being caused by the anger of the boy's dead relatives. The boy died; then the man sickened and he too died because the ghost of the child killed him. No other Washo ever volunteered this explanation. However, we once asked Rupert if he had ever handled a case like this. He said he had not, but that he had heard of such cases from older people and he confirmed Pete's explanation.

224
778

Hunting is another culture pattern in which supernatural power is involved. Such power is used only in deer and antelope hunting. One use in

756
154
178 would foretell a greater integration of Washo society by eliminating one of the sources of manifest hostility among its members.

15
86 Considering the first alternative, there was little evidence for any decrease in the frustrating experiences encountered by a Washo; indeed, if anything, the trend was in the other direction. At the time shamans and fear of witchcraft were predominant, the experiences of childhood, as reported by Siskin, seemed to offer little restraint in the more obvious aspects of socialization. The weaning process was a gradual one that took place between the
[854] ages of one and two, and toilet training began only after the child was walking and could understand the instructions of his parents. Until that time infants were confined to cradleboards, or what the Washo call "baby baskets," though they were taken out if restive at night and were freed for short periods during the day. Following weaning, the children were treated gently and given the most tender part of the game animals until about nine years of age (Siskin, 1941, 19-20).

155
861 Washo children were taught four principal lessons of behavior: to re-
[183] spect their elders, to avoid fighting among themselves, to play quietly, and
[867] to refrain from boasting, lying or stealing. The approved technique for enforcing these educational tenets was "to tell them to behave and talk kindly to them." Nevertheless parents still sometimes threatened to have a delinquent carried off by a wild beast or to have his eyes picked out by an owl if he did not behave (Siskin, 1941, 20). Whipping was infrequent, as Lowie (1939, 303) had also noticed: "The Washo did not strike naughty children, but merely talked to them."

861 For the most part, the recollections of my elderly informants were in
855 agreement with this description of traditional child training, and they stressed
155 the permissive upbringing given children in the past. Young boys and girls were never allowed to cry, but were attended to immediately; punishment was usually verbal rather than corporal. One man did say that if a boy continued to act very badly after he had been reprimanded, he would be thrown into ice cold water. If this did not work, then a sharply pointed stick might be thrust through his ear lobe to punish him and drive out the badness, though such an
155 act may have been more of a threat than an actual practice. The weaning
862 process was also thought to have been trying at times, for if a child would not give up the breast within two years, usually the time allotted before having another pregnancy, red pepper was placed on the nipple or a lizard was offered instead of the breast to frighten the child.

155
86 Notwithstanding these more severe restraints, the permissive early training period of the Washo at the times they were visited by Lowie and Siskin appeared to be comparable to the Hopi. Frustrations did not begin until later

3 [i.e., that the decrease in Indian doctors may have coincided with decreasing frustrations in other -82- areas of Washo life. - Analyst]

Frustrations did not begin until later

childhood when boys and girls found their omnipotent parents subjected to a dominant white population (Eggan, 1950, 231), and when they began to recognize the difficulties of obtaining a subsistence living in their extremely harsh natural environment.

It is of interest that just as frustrations were not imposed until later childhood, so knowledge and fear of shamans was acquired comparatively late, between the ages of five and 10. Mead has suggested in her work that the anxiety of a mother over sorcery can be transmitted to an infant (1942, 57), and the same was probably true for the Washo; but in terms of directed learning, the adults were careful not to begin to instruct children at too early an age on this matter. Parents mentioned animals when trying to frighten young children into obedience, but sorcerers were never referred to for this purpose. The reason given by one elderly man for waiting so long to tell them that so-called "bad" Indian doctors were the cause of sickness and death was that children were particularly susceptible to being witched. If they were threatened or even told about the power of the shamans, the parents might be overheard by one of the shamans who would then actually make the child ill to accommodate, or spite, the adults.

In discussing the Washo of the 1930's, we have been concerned with their beliefs in witchcraft, the child rearing patterns that were characterized by first permissive and then restraining practices, and the education of the children regarding witchcraft. Each of these had changed by the time of our study in 1956.

From my observations and the opinions of my elderly informants, the child rearing practices had become more severe than those described over a decade earlier in the literature. The ideal pattern of attending to the baby's needs immediately was no longer adhered to in practice. Babies were left to scream in their baskets for long periods of time before their mothers attended to them. Toilet training often began before the child was a year old. With mothers going off to work during the day in the neighboring white community, younger children were often put in the care of older siblings who resented this encroachment on their freedom and therefore ignored their charges as much as possible. In the past, parents "spoke" to their offspring because they did not think an infant was responsible for any of his misdeeds, and also because talking frequently obtained the desired response. This changed to frequent employment of corporal punishment. The social and natural environment, which the Dresslerville Washo in particular faced, remained a difficult one, and the frustrations incurred in becoming a self-supporting member of the adult community did not seem to have greatly changed since the 1930's. An independently arrived at judgment of these circumstances was made by Scotch (1957, 94-5) at approximately the same time as our study:

178
152

> "...the frustrations of daily life are a constant source of stress and conflict among the Washo. In addition, there is another factor which could be called 'powerlessness'.... By powerlessness is meant an inability to shape one's own destiny. Through a combination of contemporary circumstances, the bulk of the Washo find themselves unable to remain as they are and yet no available channel for change seems to exist."

178
154
754
756

In accordance with the frustration-aggression hypothesis, the expected result of this growing restraint would be an increase in witchcraft beliefs and fear of shamans. Yet, as we have already mentioned, the number of shamans steadily declined until there was only one left in a small settlement near Dresslerville.

178
867
754
756
154
[861]

The decreasing threat of witchcraft was clearly reflected in the education of the children. They were no longer taught to be afraid of older people because they might be harmful shamans, and illness and death were attributed to natural causes, such as tuberculosis. The pattern of parents forcing their children to stay near home for fear they would be made ill by "strangers," who might be "bad" shamans, had also broken down. In talking with about 15 children between the ages of four and 12, all except one girl believed the shaman was someone who had cured or could probably cure them if they were sick. The exception recalled that her parents had once threatened to call an Indian doctor to punish her if she did not behave. Adults believed this change in educating the young was mainly a consequence of eliminating those shamans thought to be responsible for witchcraft; if "bad" Indian doctors were no longer a threat, there was no reason to be afraid of them. In addition, the formal education of the boys and girls in integrated schools and attention to mass communication media -- particularly the movies -- must be considered as possible influences that undermined beliefs of the children in witchcraft.

178
154
[152]

Given this situation of an increase in frustrations during childhood and an elimination of the means by which aggression was expressed in the past, the question of what had happened to the aggressive impulses of the Washo arose. How had education acted as a connecting link between increasing frustrations and the socially acceptable methods for canalizing aggressions now that witchcraft had left the scene? As far as we were able to ascertain, the connection was not being made. The Peyote Cult, which helped to dispose of the shamans, might have served as a satisfactory replacement for the expression of aggressions. For example, Merriam and d'Azevedo (1957, 617) provide several illustrations of Peyote members expressing hostility in ways reminiscent of the days when witchcraft beliefs were rampant:

178
154
668

"Individual Peyotists accuse one another of causing sickness or death under guidance of malicious spirits, or of secretly making use of Peyotist ritual, song, and medicine as a screen for acquiring personal advantage in 'the old way.' . . . Deaths of members or too-frequent failure to cure result in suspicion and the eventual rejection of a leader."

Again, Peyote singers carried on a rivalry with one another which "seems to be one means by which hostility is expressed among Peyotists" (Merriam and d'Azevedo, 1957, 625).

Peyotism, however, had failed to take hold, in Dresslerville at least, by the time of our field study. The members of this community did not appear to have had sufficient time to work out effective means for redirecting their aggressions in a socially acceptable manner.

Instead the aggression was internalized, the very thing that canalization is believed able to avoid.[2] This internalization was evident in certain self-destructive activities, though in each case the evidence was questionable and may be accepted only with qualification. Such evidence includes the high incidence of heavy drinking, though a comparative measure with the 1930's was lacking; the increasing harshness of the socialization process, though "taking it out" on one's children as an indication of internalized aggression is open to question; and a decreasing interest in tribal affairs, which could be interpreted as a lack of concern by the Washo about themselves and their future. The fact that many young men had left the community may also be an indication of internal conflicts that they were unable to resolve in any satisfactory manner. Suicide, of course, would have been a clear measure of such a conclusion, but, again, records were not available for comparison between the 1930's and the time of our study.

We can thus tentatively conclude, given the nature of our evidence, that Nadel's suggestion, that witchcraft beliefs impede the integration of a society and add to the stress of social life, does not appear to hold true for the Washo case.

In this paper, the cultural changes that took place among the Washo over a 15-year period were used to support the contention that witchcraft beliefs may fulfill a positive function in displacing aggressions. Support for this conclusion was drawn from the consequences of the elimination of "bad" shamans. We also attempted to demonstrate how education may be considered as an intervening variable between frustrations and the socially acceptable means for releasing aggressions. The significance of cultural transmission from one generation to the next has always been implicit in any

[2] [footnote appears on p. 66 -- Analyst]